



Statement on novel Coronavirus (Covid-19)

Dear Patients,

We understand the growing concern surrounding the Coronavirus (COVID-19) across the communities we serve. The health and safety of our patients and staff is our top priority. Our team has been actively preparing our offices to prevent the transmission of the COVID-19 virus to themselves, other patients, and visitors. Based on current guidance and our own standards and practices, we remain open and ready to provide exceptional patient care in a clean, safe environment.

There have been no cases of 2019 novel coronavirus disease (COVID-19) at Integrated Chiropractic, Physical Therapy, and Massage.

What is Integrated Chiropractic, Physical Therapy, and Massage doing in response to COVID-19?

Our primary duty is to safeguard the health and wellbeing of our patients and staff by preventing the spread of the infection at our offices while continuing to provide the highest level of care to our patients.

We are continuously monitoring, reviewing, and improving our response as the situation evolves.

We are keeping all employees updated with any new recommendations for preventing the spread of COVID-19.

We are encouraging sick employees to stay home.

We are increasing awareness of all of our staff to be alert for signs and symptoms of COVID-19.

Our practices employ proper environmental cleaning techniques.

We are practicing safe hand hygiene in all of our clinics.

We are proactively alerting patients who are ill, exposed to COVID-19, or those who have recently visited high-risk countries to reschedule appointments.

We are reaching out to high-risk patients and advising them regarding the best course of treatment at this time on a case by case basis.

We are temporarily waiving our no show/cancellation fee if any patient needs to cancel or reschedule an appointment due to illness.

How can you partner with us to create a safe, clean environment?

Please wash or disinfect your hands upon entering and leaving; hand sanitizer will be available at all check in locations and treatment areas.

Sanitizing wipes will be available in all treatment areas for use on exercise equipment and machines. Please pitch in and help our staff by wiping down equipment after use.

Report to our staff any recent travel history and any symptoms of respiratory infection, including:

Fever greater than 100.4° F/38° C

Cough

Fatigue

Shortness of breath

Patients with questions or concerns should contact our office at 585-392-8100 (Hilton) or 585-544-5077 (Irondequoit).

What do I need to know before coming in?

In an

effort to maintain safety for all, we MUST reschedule any patient that has traveled internationally, traveled on any cruise ship, has been exposed to someone with COVID-19 in the last 14 days, or are experiencing any of the symptoms listed below:

Fever

Fatigue

Cough

Shortness of breath

Please call the office and our staff will reschedule your appointment.

All patients and visitors will receive preliminary screening at the front desk when they arrive.

We remain committed to providing the highest level of care for our patients during this time. As we all work together, we will help this community and our nation move past this trying period.

Dr. John Zastawny, DPT
Co-President

Dr. Chris Zastawny, DC
Co-President