

Mar. 2023  
Newsletter

East Harlem Council for Human Services, Inc.

## BORIKEN NEIGHBORHOOD HEALTH CENTER

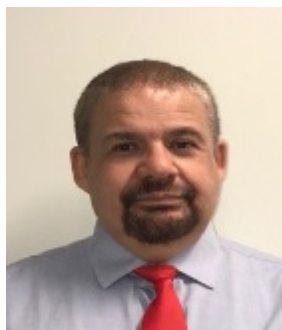
Make sure to follow us on our social media!



A Message From Our CEO

Un Mensaje de Nuestro Director Ejecutivo

Arturo Perez



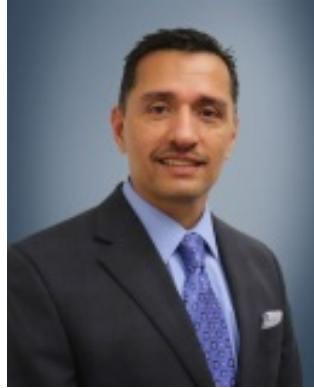
Arturo Perez

Greetings and happy tidings to all on these first days of Spring 2023! As we venture forth in this relatively still new year we are all hopeful that the worst of the COVID pandemic is behind us and we can now venture forth and focus more on our overall mission values with service to our community. So far this year we have provided much needed medical, behavioral health and social services to almost 300 asylum seekers that have walked through our doors and this is in line with the central mission of our organization and our values. We are also now in the process of expanding our School Health Program to an adjoining school and will soon be providing our premiere and award winning dental services to all the children in our School Health Program. And we continue to provide the essential medical, behavioral health, and social services to our patients and community from our flagship Boriken Health Center as well as our Head Start, School Health, WIC, and Senior Nutrition Programs. But we have challenges this year and are involved in a campaign to save much needed funding for Community Health Center's that is slated to be cut by the State this year including a 340B Pharmacy Benefit carve out that provides for discounted pharmaceuticals, a denial of a Medicaid rate re-basing proposal for community Health Centers and a potential roll-back of payment reimbursement for telemedicine. All of these New York State initiatives will have devastating financial consequences across the state for all Community Health Centers and we are working hard to maintain these programs so we could continue the good work we do every day in our community --- but this work is a marathon, not a sprint, and requires daily and consistent attention and dedication. We are ready for the good fight and are confident that we will emerge victorious in our struggle to be able to provide all our current and new emerging services to our community now and for many years to come!

"Let our advance worrying become advanced thinking and planning." – Winston Churchill

**A Message From Our CMO**  
-  
**Un mensaje de Nuestro Director Médico**

**Dr. Adam Aponte**



**Dr. Adam Aponte**

Greeting All,

As always, we hope you and your families are doing well and staying safe. It is hard to believe that we are already in April, we have been very busy at the health center providing the highest level of care we can to you and the residents of the communities we serve. Over the past several months in particular we have seen an increase in the number of recent refugees and asylum seekers in need of medical services. These individuals have traveled thousands of miles from their home country to escape the challenges and threats they experienced there, seeking better opportunities and assistance. We were very pleased to be able to offer them an “Oasis” where they not only receive health care, but we were able to help link them to other resources. These individuals are becoming part of our community and we welcome them. Our mission has always been to assist individuals like these who otherwise would go without any help. Having said this our commitment to our longstanding patients is unwavering and we continue to look for ways to help everyone live a healthy life. We are pleased to see the growth of our Prenatal program with over 30 patients seeking services since we relaunched in September of 2022. You will see a picture of our first “Boriken Baby” below and look forward to many more. We are also happy to report the resumption of some services we had to pause due to change in providers. This includes Podiatry services with the addition of Dr. Christal Charbonnet and in late April we are bringing back a limited cardiology service. Optometry (eye) Services will resume this month with the addition of Dr. Chana Lieber. Our dental services continue to expand with the addition of an Oral Surgeon and soon we will be expanding our Behavioral Health services adding a Psychiatric Nurse Practitioner. In addition to providing clinical services, we have been very active advocating for the needs of our communities. As you will read, we have engaged our elected officials to support efforts that will continue to allow us to help our communities and shine a light on the importance of that work. Too often the day to day work we do go unrecognized and underappreciated; we are committed to changing that and helping all understand the needs of our communities. Finally, we are pleased to see that COVID seems to be declining in our community. We still encourage you all to get vaccinated if you have not already done so and continue to take precautions to protect yourselves and your family particularly those who are most vulnerable.

We continue to appreciate your support and for allowing us the privilege to help you and your families with your health care needs and more. We will never take this responsibility lightly.

Warmest regards,

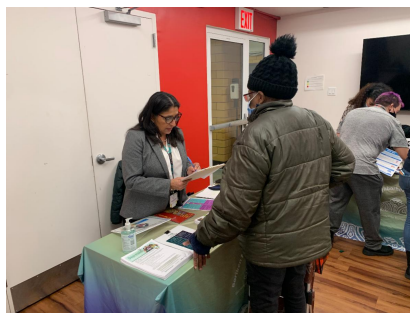
Adam Aponte, MD, MSc, FAAP  
Chief Medical Officer  
Boriken Neighborhood Health Center

# Asylum Seeker Events

## Eventos Para Solicitantes de Asilo

Since September 2022 & continuing now, Boriken has assisted the Asylum Seekers that have migrated to NYC by providing them with the necessary items they need. We accomplish this by organizing clothing & coat giveaway events **with Assemblyman Edward Gibbs**, and others like the Dept. of Health's **Contracovid Immigrant Resource Drive**. We even collaborated with other East Harlem FQHCs including Settlement Health & the Institute for Family Health! We help them as best as we can by providing winter clothing & coats, health insurance enrollment, health screenings, HIV/Hep-C testing, products for babies (cribs, play pens, strollers, diapers) and many more resources.

Desde Septiembre de 2022 y continuando ahora, Boriken ha ayudado a los solicitantes de asilo que han migrado a la Ciudad de Nueva York brindándoles los artículos necesarios. Logramos esto quando organizamos eventos de obsequio de ropa y abrigos **con el Asambleísta Edward Gibbs** y otros como la **Campaña de Recursos para Inmigrantes Contracovid** del Departamento de Salud. Incluso colaboramos con otros FQHC de East Harlem, incluidos Settlement Health y el Institute for Family Health! Nosotros ayudamos lo mejor que podemos brindándoles ropa y abrigos de invierno, inscripción en seguros médicos, exámenes de salud, pruebas de VIH/Hep-C, productos para bebés (cunas, corralitos, cochecitos, pañales) y muchos más recursos.







## East Harlem Council for Human Services Attends the SOMOS Conference

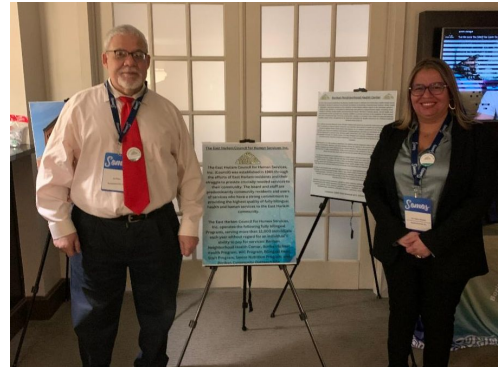
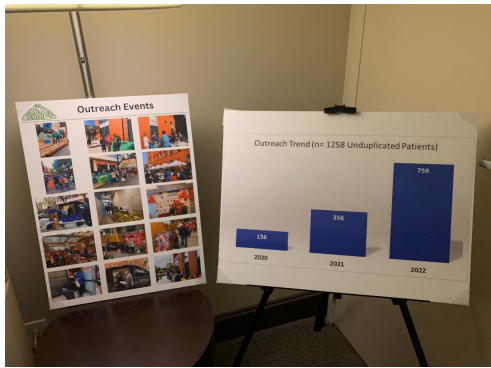
-

## East Harlem Council for Human Services Asiste a la Conferencia SOMOS

In early March, EHCHS Board Members, CEO, & Boriken's Director of Marketing attended the **SOMOS Conference** in Albany! While there they were able to participate/attend many activities including organizing our very own Meet & Greet! Where individuals/organizations were able to stop by & learn more about EHCHS & the services/programs we have available. As well, we even had some special guests in attendance! **Secretary of State, Robert Rodriguez & Assemblyman, Edward Gibbs**, who were there to discuss the impact Boriken & EHCHS has on the East Harlem Community.

-

En marzo, los Miembros de la Junta de EHCHS, el Director Ejecutivo y la Directora de Mercadeo de Boriken asistieron a la **Conferencia SOMOS** en Albany! Mientras estuvieron allí, pudieron participar/asistir a muchas actividades, incluyendo la organización de nuestro propio Meet & Greet. Donde las personas/organizaciones pudieron pasar y aprender más sobre EHCHS y los servicios/programas que tenemos disponibles. Además, incluso asistieron algunos invitados especiales! El **Secretario de Estado, Robert Rodríguez y el Asambleísta, Edward Gibbs** estuvieron allí para discutir el impacto que tiene Boriken y EHCHS en la comunidad de East Harlem.





## Cure Tuesday Talks Featuring Boriken's CMO, Dr. Adam Aponte!

### Cure Charlas de los Martes con el Director Médico de Boriken, Dr. Adam Aponte

**February 7th**, Boriken's Chief Medical Officer, Dr. Adam Aponte paid a visit to Cure, for their Tuesday Talks! Dr. Aponte shared his hands-on experience and innovations as he works with government, community leaders, patient groups, the healthcare industry, and entrepreneurs to encourage fresh thinking in support of bringing equity to biomedicine and healthcare.

**El 7 de Febrero**, el Director Médico de Boriken, Dr. Adam Aponte, visitó Cure, para sus charlas de los martes! Dr. Aponte compartió su experiencia práctica y innovaciones mientras trabaja con el gobierno, líderes comunitarios, grupos de pacientes, la industria de la salud y empresarios para fomentar nuevas ideas en apoyo de la equidad en la biomedicina y la atención médica.



# School/Parent Presentations

## Presentaciones a la Escuela/Padres

Starting in January, Boriken began to visit some schools within NYC to present some of our services & programs available at EHCHS! This included schools like **Community Health Academy of the Heights, CS 154, Harlem Community School District 5, & more!**

A partir de Enero, Boriken comenzó a visitar algunas escuelas dentro de la Ciudad de Nueva York para presentar algunos de nuestros servicios y programas disponibles en EHCHS! Esto incluyó escuelas como **Community Health Academy of the Heights, CS 154, Harlem Community School District 5 y más!**





# Employee of the Month

-

## Empleada del Mes

Starting this month Boriken will be highlighting our Employees of the Month each month.

Comenzando este mes Boriken estará destacando nuestros Empleados del Mes cada mes.

For the first one, here is one of our Referral Specialists,

Para el primero, aquí está uno de nuestros Especialistas en Referencias,

## Felicia Guzman!



Congrats! All your hard work is appreciated by the rest of our staff & Boriken patients.

Felicidades! Todo tu trabajo es apreciado por el resto de nuestro personal y los pacientes de Boriken.

# I'm a Boriken Baby!

## Soy un Bebé de Boriken!

Our Prenatal Program relaunched back in September of 2022 & **Boriken had their first baby born through the program in February 2023!** Congratulations to the family of the newborn! Boriken is here to take the journey with you & treat your child with the proper care they need all the way from Pediatrics to Geriatrics.

For future parents interested in learning more about our Prenatal Program, call us today at 212-289-6650 for more information!

Nuestro Programa Prenatal se relanzó en Septiembre de 2022 y **Boriken tuvo su primer bebé nacido a través del programa en Febrero!** Felicidades a la familia del recién nacido! Boriken está aquí para ir en el viaje con usted y tratar a su hijo con la atención adecuada que necesita desde Pediatría hasta Geriatría.

Para los futuros padres interesados que quieren aprender más sobre nuestro Programa Prenatal, llámanos hoy al 212-289-6650 para obtener más información!



# Welcome to our New Providers!

## Bienvenido a Nuestro Nuevo Proveedores!

As of recent, Boriken has brought in a new Podiatrist, Optometrist, & Oral Surgeon! Dr. Christal Charbonnet (Podiatry), Dr. Chana Lieber (Optometry), & Dr. Brendan O'Connor (Oral Surgery) are now part of the Boriken team & they joins us with great enthusiasm to help serve our community.

Dr. Charbonnet will be providing services every **Wednesday & Thursday from 8AM-4PM.**

Dr. O'Connor will be providing services **Tuesdays & Thursdays from 9am-5pm.**

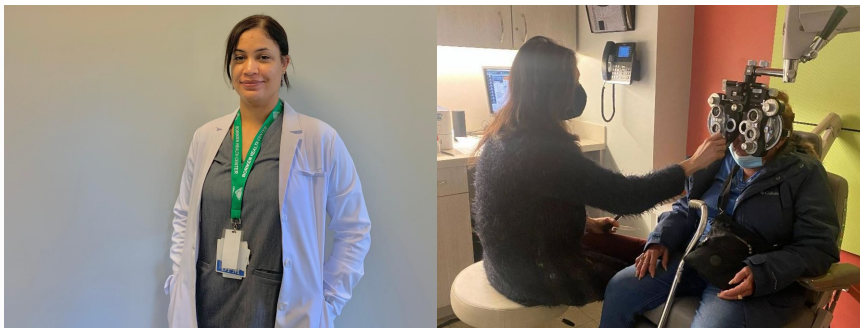
Dr. Lieber will be providing services on **Thursdays from 8am-4pm.**

Recientemente, Boriken ha incorporado un nuevo Podología, Optometrista y Cirujano Oral! Dra. Christal Charbonnet (Podología), Dr. Chana Lieber (Optometría), y Dr. Brendan O'Connor (Cirugía Oral) ahora son parte del equipo de Boriken y se une a nosotros con gran entusiasmo para ayudar a servir a nuestra comunidad.

La Dra. Charbonnet brindará servicios todos los **Miércoles y Jueves de 8AM a 4PM.**

El Dr. O'Connor brindará servicios todos los **Martes y Jueves de 9AM a 5PM.**

La Dra. Lieber brindará servicios todos los **Jueves de 8AM a 4PM.**





# Get Your Vaccines Today!

## Obtenga Sus Vacunas Hoy!

Our **COVID-19 & Flu vaccines** are still available! Come in or set up your appointment to get yours! Check below for more information how you can get yours today.

Nuestras **vacunas contra el COVID-19 y la Gripe** todavía están disponibles! Venga o reserva tu cita para obtener el tuyo! Chequea el imagen abajo para obtener más información sobre cómo puede obtener el suyo hoy.

### **BORIKEN** NEIGHBORHOOD HEALTH CENTER

## **COVID-19 & Flu Vaccines**

#### COVID-19 Vaccinations:

**Primary & Booster Doses**  
available now for  
ages 6 months & older

Moderna & Bivalent  
Booster Shots available  
as well

\*Walk-ins accepted\*

#### Flu Vaccinations:

Available to Everyone!

Call us to set up  
an appointment today  
(212)-289-6650

\*Walk-ins accepted\*

#### Vacunas Contra COVID-19:

**Dosis Primarias y Refuerzos**  
disponible ahora para  
mayores de 6 meses

El Refuerzo Bivalent  
disponible también

\*Se aceptan visitas sin  
cita\*

#### Vacunas Contra la Gripe:

Disponible Para Todos!

Llámanos para  
reservar una cita hoy  
(212)-289-6650

\*Se aceptan visitas  
sin cita\*

**Pfizer available!**

**Pfizer disponible!**

**Monday through Friday**  
(9AM-4PM)

#### Hours:

**Saturday**  
(9AM-3PM)

**Lunes a Viernes**  
(9AM a 4PM)

#### Horas:

**Sabado**  
(9AM a 3PM)

#### FOR AN APPOINTMENT:

**Call us:**  
**Llamanos:**

**917-843-0525**

**Visit:**  
**Visita:**

<https://vaccinefinder.nyc.gov/locations/4475>

#### PARA UNA CITA:

**Scan the QR Code!**  
**Escanee el código QR!**



Boriken Neighborhood Health Center | East Harlem Council for Human Services, Inc.

# Getting Better Together



East Harlem Council for Human Services, Inc.  
2265 Third Avenue, New York, NY 10035 212-289-6650

Have any questions?  
Call us at: 212-289-6650

Visit our website:  
[www.boriken.org](http://www.boriken.org)

East Harlem Council for Human Services, Inc. | 2265 Third Avenue, New York, NY 10035-2231

[Unsubscribe](#) [info@boriken.org](mailto:info@boriken.org)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by [info@boriken.org](mailto:info@boriken.org) in collaboration  
with



Try email marketing for free today!